

# TREKKERS ADVENTURE CAMP

AGES 5 - 7  
MONDAY TO FRIDAY  
9AM - 2:30PM

2025:  
JULY 7-11, JULY 21-25



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# WHAT IS A TREKKER?

## Definition

**Definition:** a person who embarks on a new journey

Trekkers is an introductory wilderness experience for those ages 5 to 7. The focus of this program is to have loads of fun, while learning how to interact with nature and be curious. Our low group to instructor ratio guarantees your child a safe and supportive outdoor experience.

## Activities Include:

- Kayak
- Canoe
- Wilderness Games
- Hike & Bushcraft
- Nature Art
- Indoor boulder
- And so much more!

## Learning Outcomes:



**Leave No Trace Principles**



**Skills Advancement**



**Sense of Environmental  
Stewardship**



**Leadership**



# *Important Info for Parents...*

Welcome to the Trekkers program!

Parents play a huge role in their child's success and they can play a big role in helping their child have a successful Summer Adventure Camp too!

Our Adventure Camp isn't your ordinary day camp: we spend almost all of our time outside learning how to safely enjoy a variety of adventure sports as well as countless life skills. As much as we enjoy introducing kids to the outdoors, we respect that this program is not for every child. As much as we try to ensure that the content is suitable for the age group, it is also designed to be challenging in many ways: both physically and mentally.

It is incredibly important that both you and your child understand the content and expectations of the camp. It is also important that you, as well as your child, are on board and keen for our adventures and the challenges that come with them.

This document contains all the information you need to help your child have a great time with us this summer. Please read it very carefully, and if you do have questions, please contact us directly.

Thank you for your interest in the Trekker program and we look forward to meeting your Trekker!

- The Hoodoo Adventures Team

**RESPECT THE ENVIRONMENT  
RESPECT EACH OTHER - RESPECT OURSELVES**



# Registration

**ONLINE:** [hoodooadventures.ca/youth](http://hoodooadventures.ca/youth)

**PHONE:** 250 492 3888

## **REGISTRATION POLICY:**

**Full payment is required up front to reserve space. We recommend booking early as our summer camps often fill up very quickly.**

**There is limited space available on a first come, first served basis. Upon registration you will receive a confirmation email which will confirm your dates, and basic program registration information, as well as this document.**

**All parents & legal guardians MUST complete a registration form with waiver and medical form for each child who plans to participate. These forms are available online, and at the end of this document. They must be fully complete & submitted on the morning of the program at the latest or your child may be denied participation in the program.**

**All necessary information can be found at the top of our Youth page on the website -[www.hoodooadventures.ca](http://www.hoodooadventures.ca).**

**\*\*Weekly rates are for 5 consecutive days (Monday to Friday)**

**\*\*4 Day weeks with a holiday will have 1 day pro-rated.**



# DAILY CAMP SCHEDULE

DAY	ACTIVITY
MONDAY	CANOE
TUESDAY	HIKE & BOULDER
WEDNESDAY	KAYAK
THURSDAY	SCOOTER & CULTURAL DAY
FRIDAY	BEACH & SUP DAY

Pick up & drop off every day:

Hoodoo Adventures  
131 Ellis Street  
Penticton, BC



# Gear list



## Required for day camp:

- Water Bottle - Minimum 1L / Child
- Lunch & Snacks - The healthier the better! The more the merrier!
- Daypack - Large enough for everything
- Footwear - sandals or water shoes.
- Weather appropriate\* clothing - T-shirts, tank tops, long-sleeved shirts, shorts or pants, socks, etc.
- Extra\* clothing - Think sweaters, rain jackets, and a spare change of clothing.
- Sun Protection - Hat, sunglasses (on lanyards), and sunscreen (min. SPF 30) All kids are required to wear sun protection and Hats, no exceptions.
- Towel - A beach towel will do just fine! Bathing Suit

### What is appropriate clothing?

Good clothing choices are typically made of materials that dry quickly, wick moisture away from the body, and will retain heat when they get wet.

Example materials include: synthetic stuff like fleece, polypropylene, thinsulate, etc. Wool is acceptable, too.

Think gym shorts and track pant materials. Jeans and corduroy pants are activity inappropriate and if your child arrives wearing this type of clothing, you may be asked to go get them something more appropriate.

While cotton can be a great way for kids to cool down on a hot Okanagan day, it can be a potentially dangerous choice during cooler weather programs. For more information on clothing, go here:

<http://sectionhiker.com/why-does-cotton-kill/>

**Note:** Hoodoo Adventure Camps are a No Cell Phone Zone! Please do not bring electronics, money, or anything you do not want lost or stolen. Hoodoo Adventures will not be responsible for replacing items.

# General Camp Info

## Code of Conduct:

At Hoodoo Adventures, respect is very important to us: respect of self, of others and of the environment. It is important that all participants feel safe and supported on our trips. We have a zero-tolerance policy for bullying, harassment, or any actions / behaviours that put participants at risk, or interferes with a positive learning environment (including knives, multi-tools with knives or saws, drugs, alcohol, or any other weapon). Any participants who are unable or unwilling to follow our code of conduct will be removed from the trip at the discretion of Hoodoo Adventures and at the expense of the participant. No refunds will be issued.

## Wilderness Safety:

Hoodoo Adventure's instructors are experienced and passionate about running programs for kids. All of our instructors have extensive training and experience in wilderness travel, wilderness first aid, risk management, and more. Participants must be willing and able to follow directions as given by our instructors, or as stated above, may be removed from the trip at the expense of the participant, with no refunds issued.

## Personal Items:

Upon registration, and contained within this document, you will have access to a detailed gear list to help you prepare for the camp. It is the responsibility of the participant to bring all the gear required on the list. Hoodoo Adventures will supply all other necessary equipment, such as kayaks and safety equipment affiliated with the specific activity or any other type of specialty equipment. We will, prior to the trip or event, do a detailed check to ensure that all kids are adequately prepared for their adventure. Hoodoo reserves the right to deny participation to any child who is deemed unprepared to participate, especially if it could interfere with the safety and wellbeing of the child or the group in any way. We will do our best to help supplement equipment but cannot guarantee that we can provide adequate personal equipment for all participants.

**Hoodoo Adventures is not responsible for lost, stolen or damaged personal items throughout the duration of the camp.**

## **Parent Check List:**

- Waiver - Completed for each participant.
- Registration Form - Completed for each participant.
- Medical Form - Completed for each participant (Extended medical form for overnight camp)
- Allergy Form - Completed if any participants have an allergy
- Participant Gear List - Does my child have everything on the required list? Remember, we can deny your child's participation if they aren't properly prepared!

**Camp is 9am to 3pm Monday to Friday. You may drop off early for bike days. Please stay until your child's bike has been looked over and approved.**





# General Camp Info con't

## Terms and conditions:

There is a 48-hour booking blocker on all kids program. Please call for program availability inside of 48 hours. There are NO REFUNDS or credits given for our summer camps. Transfer to another participant is possible, but left at the discretion of Hoodoo Adventures. Please contact us directly if you would like to transfer your spot to another participant. All transfers require 14 days notice.

Dates may be changed with a minimum of 7 days notice prior to the original program start, pending availability: Individual days may be transferred to other individual days, long blocks may be transferred to other week long blocks; all pending availability. If you book a week block and miss a day we do not provide credit or space on another day. School year camps (Winter Break, Spring Break, Pro-D Day) require 7 days notice, all summer camps require 14 days notice.

## Cancellations:

Our camps run rain or shine. In the event of extreme weather or unsafe conditions, and at the sole discretion of Hoodoo Adventures, we may change the camp location or modify the program in order to assure participant safety. If we need to cancel the program (or a part of the program) for any reason we will be in touch with you directly.

The most up to date cancellation policy can be found on our website

## Shuttles:

Much of our programming focuses on being outside, and some of it requires transportation to and from different trailheads or other wilderness locations. Transportation is a significant part of our programming. If you are uncomfortable with allowing your child to be transported in our vehicles, then they may be denied participation to the program on days requiring it. We will not extend refunds or credits to participants who refuse transportation at their discretion. Our company employs licensed, class-4 drivers and holds appropriate insurance and licensing permits required to operate our transport vehicles.

## Medical and Other Considerations:

It is the responsibility of each participant (or their parent / legal guardian) to communicate any medical conditions or mental health concerns to Hoodoo Adventures. A completed medical form is a requirement for each participant. In the event that there are concerns, we will be in touch directly to discuss and formulate an individual plan to manage any issues that may arise, such as managing medications, behaviors, etc. If you have not communicated with us in regard to any potential issues, your child may be denied access to the program, or be sent home - especially if the safety and well-being of any participant is put at risk, or the participant is found to be unmanageable. This will be at the expense of the participant, and no refunds will be issued. Parents of children who require medication during the trip must provide Hoodoo Adventures with the appropriate medications and documentation / instruction on how to use it.

**\*\*It is important to note that we are NOT a nut free environment \*\***

